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New Brunswick Senior Citizens Federation

www.nbscf.ca 

New Brunswick Low-Income Seniors' \$600 Benefit (Apply between April 1st and December 31st 2024)

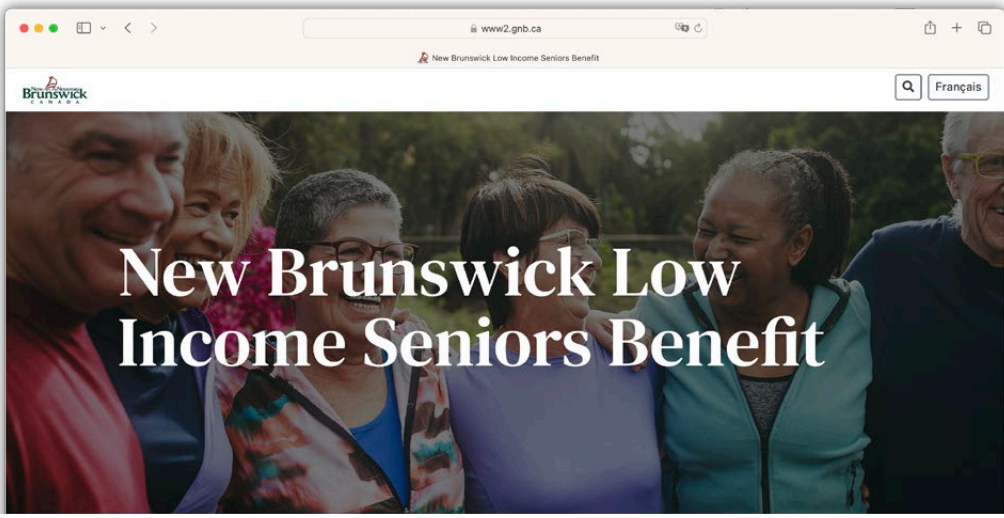
Are you a low-income senior looking for financial help?

Each year, the Government of New Brunswick offers an annual benefit to eligible seniors 60 years or older. Starting this year the benefit is \$600. The benefit recognizes that many older residents rely on this support to supplement their income and to help with household expenses or other necessities. Applications for the benefit are available on April 1st of every year.

Who qualifies?

In order to qualify for the New Brunswick Low-Income Seniors' Benefit you must:

- Have been a resident of the province on December 31 of the previous year,
- Be 60 years or older and
- Be receiving at least one of the following federal benefits:
 - o Guaranteed Income Supplement (65 years or older)



- o Allowance for Survivor Program (between 60 and 64 years old)
- o Allowance Program (between 60 and 64 years old)

Who does not qualify?

Anyone under the age of 60 does not qualify for the New Brunswick Low-Income Seniors' Benefit. Also, you must

be receiving at least one of the federal benefits.

Where both spouses receive a federal allowance, such as the Guaranteed Income Supplement, and live in the same home, only one benefit will be granted. However, where spouses live separately (for example, one lives in a nursing home), both will be eligible for the benefit.

Low-Income Seniors' \$600 Benefit

(continued from page 1)

How do I apply?

1. You must fill out an application form to receive the benefit. You can fill out and submit your application **online** or **print** the application, complete it and mail it to:

Accounts Payable

Service New Brunswick
P. O. Box 1900

Fredericton, N.B. E3B 5G4

The deadline to apply is
December 31

2. You have the option to receive your benefit through direct deposit. Simply fill out this form and mail it to:

Service New Brunswick

P. O. Box 1900
Fredericton, N.B. E3B 5G4

What do I need?

- You only need the basics to fill out the application:
 - name,
 - address,
 - social insurance number and
 - which of the federal benefits you receive.

News from the Federation

The Board of Directors met on Thursday April 18th. They had a very interesting presentation/consultation with Frances LeBlanc and Cory Robichaud of Hospice Southeast NB (HospiceSENB). Their mandate goes far beyond the end-of-life care in their residential facilities (like Maison Albert House in Moncton). They also offer in-home care, respite care, grief and loss counselling, and volunteer training. They are launching a new program called NavCare to empower seniors to live independently in their own homes. The Navcare volunteers can help seniors navigate the programs available to them, improve their quality of life,

remain active and prevent isolation.

The rest of the meeting mostly concentrated on preparing for the Annual General Meeting at the Legends Room of the Moncton Coliseum coming up on Tuesday May 7th. The Board of Directors approved the 4 new Resolutions that will be presented to our members at the AGM. These Resolutions were also forwarded to the clubs so they could take a look at them with their members before the meeting. The registration forms had been sent out to our clubs and we have over 100 participants this year. We usually had

the coffee break in mid-afternoon, but this year, we decided to have it first thing in the morning, from 9:00 to 10:00 AM. Since many people are driving in and not staying overnight in a hotel, it will give them a chance to have a little breakfast and chat with members of clubs from around the province before the meeting starts at 10:00. We also figured that the meeting should end early (after lunch) since the agenda isn't as full as the past two years when we had to review the Constitution, Policies and Strategic Plan. Our President, Percy Huntington, has been with us for 2 years, so there will be an election for the President's position.

Do you know how much your long-awaited retirement will cost, and what steps you need to take to get there?

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